The PAIR Card

Everything in Part Two, in brief: a pair of reading glasses, small enough for a top pocket.

The PAIR Loop

- **You give a poem**, or any short piece of your own.
- **The AI interprets.** Read it as a reflection of you, and ask what led it there.
- **You revise with intention**, in front of it. You revise; its suggestions are questions.
- **You adjust and continue**, with the revision as the new poem.

Each loop makes the AI more aligned with the best version of your thinking. Each loop makes you more aware of how you think.

The nine workflows

1. **The First Ten Minutes.** One honest line about something ordinary, sent without explanation. Ask what it noticed, correct one thing, revise once.

2. **The PAIR Loop.** Give a poem; the AI interprets; revise with intention; adjust and continue. Three rounds a session.

3. **The Flattery Check.** Do not ask it to change its mind; ask it to explain. Ask for the strongest objection, unsoftened.

4. **Your PAIR File.** Three lines, two revision pairs, your values, your weaknesses, what it has learned. Update every month or two.

5. **Writing With It.** Write first. Ask for readings, not rewrites. Keep only what you would have been pleased to write.

6. **At Work.** Calibrate with three of your best pieces. Revise in front of it. Ask how the reader will misread it.

7. **Thinking Through Something Hard.** Separate event from interpretation; check proportion; end with one action involving a person. Know when to stop.

8. **PAIR for a Team.** An owner, revision pairs from your best people, a one-paragraph house line, a monthly review. De-identify everything.

9. **When It Goes Wrong.** Back to one honest line and one visible revision.

Sentences worth keeping handy

- *Before suggesting anything, tell me what you think this is trying to do.*
- *Why did you put it that way?*
- *Give me the strongest objection, and do not soften it.*
- *Stay with my words, not my worries.*
- *Discard that assumption. Here is the accurate version.*
- *From this session, what have you learned about my standards? Say where you are unsure.*